



16 february 2016

## HSZC Sangha Newz' & Events 2016



### mondays

- \* 7:00 am zazen (sitting meditation)
- \* 7:40 am morning service - (chanting service)

6:00 pm zazen  
6:40 pm evening chanting service

\* last monday of each month, no morning schedule

### tuesdays - fridays

6:00 am zazen  
6:40 am kinhin (walking meditation)  
6:50 am zazen  
7:20 am chanting service  
7:40 am soji (brief temple cleaning)

6:00 pm zazen  
6:40 pm chanting service

thursdays study hour  
(buddhist text) 7:30pm



### Mahayana History

The Chan movement began in China around the sixth century. *Chan* is Chinese for the Sanskrit word *dhyana*, meaning "meditation" and is better known by the Japanese pronunciation *zen*. Chan acted as a kind



of post-graduate movement in Chinese Buddhism, functioning to help all the accomplished scholarly monks from the various doctrinal schools free themselves from attachments to specific descriptions of the truth.

Chan above all emphasized actual personal experience of the dharma and of bodhisattva awareness and activity, in one's own life. In this tradition, such experience is usually entered into through sitting meditation

**saturdays**

6:30 am zazen  
 7:10 am chanting service  
 7:25 am soji  
 8:30 am drop-in instruction  
 9:25 am zazen  
 10:15 am dharma talk  
 11:00 am refreshments/social \*

*\* if a ceremony applies it will  
 occur before social time*



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 Student Program, Our Practice  
 Schedule, and the Space &**

practice, mindful attention to practice of everyday activities, and checking one's practice and understanding with awakened teachers and their traditions.

While being greatly influenced by... Mahayana sutras... Chan developed its own voluminous body of literature, largely built on the dialogues and encounters of the great masters of the "golden age" of Chan in the Tang Dynasty of China in the eighth to ninth centuries with many subsequent commentaries...

Much of their humorous and paradoxical manner derives from native Chinese Taoism, although their teachings clearly are expressions of the traditional Mahayana texts...

[Faces of Compassion Taigen Dan Leighton](#)

**The Hartford Street Zen Center has availability for practice resident students.** We are looking for individuals interested in and committed to experiencing residential practice at a small, urban



temple. Ideally applicants would have prior experience with full-time residential Buddhist community practice. Attendance to zazen, study group, ceremonies and teachings/lessons has requirements and should be of strong interest to be living

at hszc. While participation and assistance in the daily events of the sangha are expected of any potential practice resident, it is our expectation that most residents are employed outside of the center (you must be able to pay your monthly tuition without exception, on time), we are accommodating toward

Programs offered to the Public.

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we are a 501-C 3 non-profit

one's professional schedule balanced with the need of assistance in keep up temple operations on required attendance arrangements. Please drop by to inquire in person and ask for the Abbot, Rev. Myo Lahey!

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~ upcoming events ~

**dharma talks @10:15am, saturdays**

**hszc speakers**

Myō Lahey - Feb 20, Mar 19, 26

Daiko Tanzen, David Bullock - TBD

**guest speakers**

Shokan Jordan Thorn - feb 27; Anshi Daigi Zachary Smith - mar 5; Peter Van Der Sterre - March 12; Kogen Seido Jamie Howell - apr 16; Kyosho Valorie Beer - may 28; Anshi Daigi Zachary Smith - jun 4; Ko Shin Steven Tierney - jul 2; Peter Van Der Sterre - jul 30; Renshin Bunce - aug 6; Shokan Jordan Thorn - sept 24; Ko Shin Steven Tierney - dec 17;

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**full moon ceremony saturday; Feb 20 @11am full Snow or Hunger moon:**

Usually the heaviest snows fall in February. Hunting becomes very difficult, and hence to some Native American tribes this was the Hunger Moon

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**study hour - thursdays @7:30pm:** selected Studies of Zen Master Dōgen. see our website for details. So far all have been from the Dōgen Shobōgenzo version compiled and translated by Kazuaki Tanahashi.

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**half day retreats** - contact: [hszc108@yahoo.com](mailto:hszc108@yahoo.com) to register, we will begin to have half day retreats primarily aligned with full moon ceremony or other Buddhist holiday/events. 6am to 1pm, oryoki breakfast - current scheduled dates include:

**feb 20**

**apr 9**

**jun 18**

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**closure & schedule changes:**

last monday of each month - no morning program, only evening schedule

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**founder monthly memorials** - Issan's is the **6th** of each month and Philip's is the **26th** (or closest dates to these if cant be on that day) evenings at 6:40pm or saturday mornings

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**practice discussions at hszc are available** with Rev. Daiko Tanzen, David Bullock. and Dokusan with Rev. Myo Lahey please call us, approach them directly, or email: [hszc108@yahoo.com](mailto:hszc108@yahoo.com) to request to schedule time.

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Chinese new year 2016 February

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*transcribed by sangha -*

**Words from our Abbot, Rev Myo Lahey:**

The practice of zazen can teach us that the entire universe is bits and pieces. And whole. I would suggest that there isn't anything more precious than that.

[hszc talk 05/17/2007](#)

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**Back in business:** We recently restored the offline podcast published dharma talks and now two talks of backlog are being added per day. This includes old archived converted from cassette tape, talks, that are being "digitized"

you can find us via Issanji or Hartford Street Zen Center via itunes or;  
Here is where to see them on our website: <http://hszc.org/podcasts/>

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**HIV meditation group;** weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!

thursdays & fridays  
10:30am zazen  
11:00am garden socializing

**meditation in recovery;** weekly meditation group for men & women in recovery from addiction  
fridays, 7:30pm - 9pm

**(women only) meditation in recovery;** monthly meditation group for women in recovery from addiction  
first thurs, 7:15pm -8:45pm

**(men only) meditation in recovery;** a monthly meeting for men in recovery from addiction  
3rd thurs of every month, 7:30pm-8:30pm

**board of director meetings;** you're invited to attend & observe!  
second weds of each month, 7:30pm



Abbot, hartford street zen center --- Reverend Myō Lahey ---



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please submit stories, reflections,  
personal news, artwork & photography  
for future newsletters to  
KeiDo at

tetsugen.keido@yahoo.com

may this newsletter find you well  
& equanimous! \_\_/\\\_\_



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please contact us for rental space & events, ceremonies performed by a zen priest -  
weddings, memorials, coming of age & baby naming events



find other sf bay area lgbtqqi/queer community events & venues [here](#) - or - [here](#)

